



Coverage of any medical intervention discussed in a WellFirst Health medical policy is subject to the limitations and exclusions outlined in the member's benefit certificate or policy and applicable state and/or federal laws.

Exhaled Breath Tests for Asthma and Other Inflammatory Pulmonary Conditions: Exhaled Nitric Oxide Breath Test and Exhaled Breath Condensate pH Measurement **MP9560**

Covered Service: Yes

Prior Authorization Required: No

Additional Information: None

WellFirst Health Medical Policy:

- 1.0 Exhaled nitric oxide breath tests **do not require** prior authorization through the Health Services Division and are considered medically necessary for the treatment of asthma when **ANY** of the following criteria are met:
 - 1.1 Used in the diagnosis of eosinophilic airway inflammation
 - 1.2 Used in determining likelihood of steroid responsiveness in individuals with chronic symptoms suggestive of airway inflammation
- 2.0 Exhaled nitric oxide breath tests are considered experimental and investigational and therefore not medically necessary for all other indications, including but not limited to:
 - 2.1 Chronic obstructive pulmonary disease (COPD)
 - 2.2 Pulmonary hypertension
 - 2.3 Cystic fibrosis
 - 2.4 Allergic rhinitis/sinusitis
 - 2.5 Nasal polyposis
- 3.0 Exhaled breath condensate pH measurements are considered experimental and investigational and therefore not covered for the treatment of asthma and other inflammatory pulmonary conditions.

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